Midlothian Schools Snowsports Groups Course 83

Important information regarding personal equipment:

Please make sure you know what size shoes you wear so that ski boots can be fitted easily. (If you have your own equipment, you may use your own boots and/or helmet)

We ski and snowboard in all weathers at Midlothian Snowsports Centre, therefore children should come with appropriate clothing each week.

During colder weather, from October to April

You will need:

Warm trousers or jogging bottoms. Warm jumper and a ski jacket or similar (no loose cords); (Waterproof outerwear is recommended); Ski or good hard wearing warm gloves: Warm good fitting long socks; Please wear pony tails low or at the nape and do not use hair gel on ski days.

During warmer weather, May to September:

You will need:

A pair of old joggers and a sweatshirt should be sufficient. Waterproof jacket and trousers are strongly advised for rainy days regardless of season. Gloves <u>must</u> be worn. Short trousers and short sleeves must <u>not be</u> worn. It is advisable to bring a change of clothing, particularly in wet weather and if the group are returning to school.

For reasons of safety, it is a requirement that arms and legs are covered and gloves worn at all times on the ski slope. It is a requirement for all children to wear ski helmets when skiing. Helmets will be provided however, you may use your own if you have one.

Please bring 20p for a shoe locker. If you leave your shoes in an unlocked locker they can be moved and lost, or someone else may use the same locker and lock your shoes away, in which case you will not be able to retrieve them.

A plastic screw top bottle of water or diluted juice should be brought each week.

Midlothian Snow-sports Centre Policy on Behaviour.

"It is the policy at Midlothian Ski Centre that all users conduct themselves with civility respecting other users, staff, equipment and property. In the event of an individual or group disregarding this policy, the facilities will be withdrawn."

All members of Midlothian Schools Groups are expected to respect this policy.

If you require any further advice , please telephone Tommy Goldie on 0131 561 6510.